Healthy Families Meeting
January 10, 2017 4:00-5:15 pm
Young and Healthy, Muir High School

Meeting Notes

1. Welcome/Introductions/Refreshments – what is your New Year's resolution? Read more, go easier on myself, FFF fit/fun/finances, floss, yoga, decrease sugar, be kind to myself, regain international work – Geoff, Lisa, Jennifer, Mary, Brian, Yoland

2. Collaborate PASadena Director Update – Lisa Cavelier

    a. Overview of start-up process – listening tour, office, budget
    b. Offer of meetings with Lisa – meet with each WG member
    c. Housekeeping (Groupsite, locations, minutes, RSVP's, snacks)
        1.) Group site – never look at it, used it to share info, use it to promote events, used by some partners, another thing to go to, what's my password again?, maybe better using Facebook?
        2.) Minutes – bullet points instead? Can we rotate the minute taking? Geoff – yes; Yoland – no; Jennifer – maybe; Mary – maybe
        3.) Location – liked going to different sites to learn about them; like Peoria Place; could rotate them and the food too! So would develop/select a meeting host
        4.) RSVP's – Group Site clicks? Evite – cost? Paperless Post – cost? Mary gets a better response here; must have a compelling meeting agenda for people to make time to attend – show progress of CP, reengage constituents

3. Member Organization Updates – ex. Peoria Place, PPHD, etc.

    a. Library – will be providing a TIC library services webinar featuring field best practices
        1.) Develop protective factors
        2.) Born to Read Project Network – read to kids early! Includes CHAP, PC, Y&H
        3.) Kid and baby yoga and mindfulness will be offered at library branches
    b. PACTL – advocacy for nonprofits and funding – threats under the new administration especially around compliance with the subsequent cost for legal fees increasing – Reminder about the Child Welfare Roundtable on Jan. 31
    c. Peoria Place –
        1.) furniture being delivered,
        2.) IT next week then hope for a move-in early February;
        3.) might be alone there for as long as 2 years;
        4.) will be losing space for community meetings/activities – being used for offices
        5.) Phase I of the construction was done well
        6.) Phase II will start next year

d. Kaiser Funds – Danny is creating a plan for this service hub of PP by June '17 – he is in the process of conducting interviews with community members
e. Project Wraparound – mental health providers to help keep families from missing out on services – there is more than a year left of full funding and another year of 50% funding
f. Trauma Informed Care – great! Awesome trainings and a TIC Committee was formed
    1.) Focus Schools have been completed
    2.) Working with Head Start as well
    3.) Training discusses the causes and examples of trauma with staff
    4.) PPHD, HMH and Young and Healthy are applying for a grant to bring TIC/mindfulness to scale
        a.) Will work with kids during 4 lessons/developing curriculum
        b.) Will prepare parents as well for this change in service
        c.) Will teach teachers to use in class

4. Healthy Families Work Group Accomplishments '16 – review

    a. Joint PUSD/City Meeting preparation – speaker? Mary! Will other WG members attend? Geoff?
    b. Recognition of accomplishments – PACTL Conference – was able to identify speakers for its workshops due to assistance by CP

5. Priorities for Healthy Families Work Group for 2017 – how do we make this happen? How do we accomplish these goals?

    a. Community Service Hubs – Danny Henley
    b. Connection to other CP Work Groups – Council for the Young Child, Student Success, Supportive Communities (No Future Café) – Challenges:
        1.) Connection to other work groups is important but difficult to maintain consistent contact/communication
        2.) Ask other work groups how we might be able to help them
        3.) Need to know what each work group is doing so that we are able to identify the areas in common and points of connection
        4.) Learn more about our other CP partners
        5.) Convene regular All-CP Work Group meetings/conversations
        6.) Plan and implement a CP retreat for all WG members – ½ day process!
    c. Collaboration with Community Partners – PPHD, PUSD, POV, Mothers' Club, City of Pasadena – JRC, VPCC
    d. Others – suggestions for other goals
        1.) How do we make what we know and do available to physicians and other community members? Information sharing/marketing/PR?
        2.) Can we develop a 'Physicians for TIC' group?

6. Announcements/Other Items - Paper Tigers – March 30-31, 2017; Child Welfare Roundtable – Jan. 31, 9:30 – 11:30 am; Young and Healthy Mobile Dental Clinic Feb. 24; YWCA Conversation Jan. 25; Young and Healthy Gala – Jan. 29

7. Next Meeting Time and Location – 4:00 pm, February 14, 2017 – Location – Peoria Place? Geoff will provide (healthy) snacks

8. Adjourn