

collaborate PASadena

PASADENA • ALTADENA • SIERRA MADRE

Vision: The children of Pasadena, Altadena and Sierra Madre all grow up in a safe, stable and supportive environment that prepares them for success in school and in life

Healthy Families Work Group April 11, 2017 | 4:00-5:15 p.m. Peoria Place

Meeting Notes

1. Welcome and Introductions – In attendance: Mary, Ann, Wendy, Catalina, Geoff, Jennifer, Lisa
2. Partner Updates
 - a. Mary, Young & Healthy – Paper Tigers is an excellent film, and PUSD training day went well; 6 focus schools and nurses opted in to see the movie, about 400
 - b. Principals being trained to be less punitive and more proactive; each one received Jim Sporleder's book
 - c. Story from the training day: A case manager told Mary a story about an incident with a student the day before where the adults escalated the situation, etc. At the first break in the training, the principal shared he now recognized his subpar handling of the situation. He later went back and apologized to the student.
 - d. Julie Reynoso from the district is also enthusiastic about response
 - e. Mental Health Committee at PUSD – consortium of all MH workers at schools – developing rubric to see how ready a school is to become a trauma informed school
 - f. At Magnolia Place – 3 questions are asked at all partner orgs/services to gauge a parent's situation – 1) social isolation, 2) maternal depression, and 3) development of their children
 - g. Mary concluded by mentioning the hubs work she is doing – creating a hub at Peoria; recently went to Y&H board and they are good with it, put in strategic plan is next step; still uncertain about how large a part they will play with bigger picture of hubs across the city; also will survey the local Peoria neighborhood
 - h. Catalina – Day One – students met with Pasadena Transit re: transit needs
 - i. PPD partner, national take-back day – disposal of prescription drugs April 29, raising awareness of locations in area for dropping
 - j. Also Alcohol Awareness Month
 - k. Wendy Wang – Pacific Clinics – gave update on AB501 (child in crisis residential service) and other legislation regarding regional centers; also conferences on Latino and Asia Pacific Islander health
 - l. Ann – PUSD – reported that 200 lbs. of kale, grown by schools, was sold back to Ralphs; a new nurse was recently hired
 - m. Jennifer – Library – a mental health presentation by PPHD, youth mental health, for teens; Jane Gov coordinating mental health day at the Library
 - n. Received additional funding for Born to Read kits – adding books and other simple toys
 - o. Training on Touchpoints, Dr. Brazelton's theory, focusing on relationships, parents, discipline issues, etc.
 - p. Geoff – Public Health Department – May is Mental Health Awareness Month

- q. May 6, 9:30-12:30 event at Library – community-level trauma, strengthen community, youth focus
- 3. Director Update
 - a. Lisa reported that the Mix and Mingle session the evening before was productive
 - b. Attracted some newer folks who have not been involved
- 4. Meeting Schedule Discussion
 - a. Should the Work Group continue to meet monthly?
 - b. Consensus was that regularity is good, there is value in meeting monthly
 - c. Perhaps skip July or August, and December
 - d. Important to bring and create examples of collaboration, like the sharing at the Mix and Mingle event
 - e. And to figure out more concrete goals
- 5. Work Group Goals
 - a. Mary – need to get further down the road with the hubs research and development
 - b. Once it rolls out there may be much more need for interaction at the Work Group
 - c. Suggested that there be “one topic” meetings
 - d. May will be a deep dive into the Youth Master Plan (PDF of YMP and Progress Report to be sent with Meeting Notes)
- 6. Next Meeting Time and Location
 - a. Tuesday, May 9, 4:00 p.m. at Peoria Place
 - b. Day One team will bring light snacks
- 7. Meeting adjourned